



Guildford Family Centre

October 2023



We are just around the corner from the autumn half term, and although we have had some strange warm and cold spells for this time of year, the leaves are starting to turn and the clocks will soon go back – who can believe how fast this year is passing by!

Guildford Family Centre are running a Baby Massage course, and a new face to face Parenting Puzzle in the evenings - further information can be found on page [2](#).

Check out the local events and activities taking place during half term on pages [3 & 4](#), and if you are looking for a firework display to watch with family head over to page [5](#).

If you are not a fan of fireworks and worry about your furry babies at this time, visit:

[How To Keep Your Pets Safe During Fireworks | RSPCA](#) for some handy tips on helping your pets feel safe and calm.

Surrey Family Information Service have released their Community Connector newsletter which is jam packed with information around financial support, mental health, parenting support and applying for and getting ready for school. To access this information please visit:

[Community Connector newsletter – helping families find support - Surrey County Council \(surreycc.gov.uk\)](#)

To keep up to date with local events and activities, workshops and support for families, follow the Guildford Family Centre Facebook page [Facebook](#)

The Spinney Family Centre, Southway, Guildford, Surrey GU2 8YD Tel: 01483 510570

Hazel Avenue, Guildford, Surrey GU1 1NR Tel: 01483 566589

York Road, Guildford, Surrey GU1 4DU Tel: 01483 561652

receptionfc@guildfordnsc.surrey.sch.uk





4 week baby massage course

starting Tuesday 7th November 2023

10:00 - 11:00 am



**Call us on 01484 510570 or email
receptionfc@guildfordnsc.surrey.sch.uk
to book a place.**



Guildford Family Centre

4 week Parenting Puzzle

Starting Monday 6th November

6.30pm - 8.30pm

**At Guildford Family Centre, Southway
Guildford
GU2 8YD**

**Call us on 01483 510570 or email
receptionfc@guildfordnsc.surrey.sch.uk**

October half term activities

Aldershot Garrison annual Halloween Event GU11 2NX

Interactive Magic show, Hotdog and a drink & a treat bag from Mystic Cole all for £2

Best Pumpkin competition PRIZES to be won & and the best dressed

Biscuit decorating for those who want to have a quiet space.

Tickets required - £2 per child.

As we have limited space and to maximize availability to all children only one adult per family will be able to attend.

Cash payment only.

Booking is required via HQ_GAR_AGCH@outlook.com



Stoke Park Railway GU1 1TU

Thursday 26th of Oct 2023 - Open Day

10:00 am - 1:00 pm

Train tickets are £2 each or six for £10, available from the ticket office in the station building—no need to book, you can just turn up!

Children under three are free.

[Stoke Park Railway | Guildford Rocks](#)

Saturday Sports Club at Surrey Sports Park

The sessions offer children with special educational needs and disabilities from 8 years old and their families the opportunity to try new activities such as trampolining, climbing and multi-sports.

This session is supported by volunteers with an emphasis on enjoyment and engaging in physical activity. Parents are required to stay in attendance at the session and interact with other families. And you are very welcome, and encouraged, to take part too!

Saturdays between 14:30-16:30



[Saturday Sports Club - Guildford - Surrey Sports Park](#)

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October half term activities continued



Aldershot Military Museum, GU11 2LG

Saturday 21st - Sunday 29th October

10:00 am - 3:00 pm - No need to book

A naughty witch has hidden her pumpkins around the museum! Help find them all and take home a prize.

Price: £2

Suitable for Ages 3 +

[Halloween Pumpkin Trail | Hampshire Cultural Trust \(hampshireculture.org.uk\)](https://www.hampshireculture.org.uk)

Elm Nursery, Sutton Green GU4 7QD

Saturday 21st - Tuesday 31st October

10:00 am - 3:30 pm every day (last entry is 3pm).

See the animals and the freaky scenes, hunt for ghosts, complete the challenge and collect your prize! There is also a fancy-dress competition and homegrown pumpkins to buy.

Entrance is £5 per child over 2, under 2s are free. Adults are £4.

Best suited to pre-school / KS1 age.

[October Half Term 2023 - Elm Nursery](#)



Lakeside Fun Day 2023, Lakeside Nature Reserve, Ash Vale GU12 5AA

Join the annual FREE Lakeside fun day event!

Thursday 26th October 2023 during half term

From 10:00 am-2:00 pm.

Activities will include Nature Trails, Games, Arts & Crafts, and Refreshments

(Please note there is a charge for refreshments). Please share with your friends, family and join in!

[Lakeside Fun Day | Facebook](#)

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October half term activities continued



Waverley Family Centre

Thursday 26th October
10am-12midday
at our Hale Family Centre

Hale Family Centre Halloween Scavenger Hunt

Join Surrey Care Trust and the Family Centre Team to comb through the cobwebs, sift through the spiders and find some autumn treasures. Craft, games and family fun for children and their parents.

To book email Kathy: kathy.guy@barnardos.org.uk

For more
information scan
the QR code or
call: 01276
462897



SURREY
CARE
TRUST
Nurturing skills | Changing lives

Waverley Family Centre,
Green Lane, Binscombe, Godalming,
Surrey, GU7 3TB and Upper Hale Road,
Farnham GU9 0LR

**Believe in
children**
 **Barnardo's**

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October half term activities continued

OCTOBER HALF TERM ACTIVITY WORKSHOP PROGRAMME

23rd to 27th October 2023

Age: 11 to 17's

My Plan 4 Tomorrow

Want to dream big and create your own vision board? This fun, creative workshop is for you!



Bike Maintenance

Learn to fix and repair bikes with our expert Bikestart technicians.

Motivational Artwork

Love to be inspired? This workshop will teach you the basics of modern calligraphy which you can then use to create your own framed inspirational quote!



Board Games Bonanza

Pictionary, Cluedo, Jenga, Mouse trap, Jumanji, UNO, Guess who, Connect 4and lots more.

Photography

Want to learn how to take great photos? Just bring your camera (phone cameras work well) and have some fun! Prizes awarded for the best photos!!



*How to book:

Scan the QR code to apply for places on these workshops, or go to www.thesourceforyou.co.uk to click on the link for the registration form.

SCAN ME!



The Source Young People's Charity, 2a Grosvenor Road, Aldershot GU11 1DP
www.thesourceforyou.co.uk / Phone: 01252 333330

We support all local young people who need a boost with their mental health and wellbeing

THE SOURCE
YOUNG PEOPLE'S CHARITY

Firework displays in and around Guildford



[Bonfire & Fireworks \(cranleighions.org\)](http://cranleighions.org)



[Firework Fiesta - Guildford Lions Club](#)



[Godalming Fireworks 2023 at the Rugby club](#)



[WHATS ON - Tongham Parish Council](#)



[Ripley Bonfire 2023 - Family in Ripley, Guildford](#)

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Support from EIKON

EIKON are still offering their parents anxiety training courses.

This is a wonderful opportunity for parents to attend teaching on how to work with and support their children who have anxiety. It's a longer course and takes place online which is often easier for parents.

They are going to start running courses again now it is a new school year and parents can sign up by emailing EIKON via this webpage [Parent support webinars - The Eikon Charity](#)

There are also courses on children's emotional wellbeing and self esteem.

Challengers Family Fun Day

Sunday 29th October from 10:00 am - 4:00 pm - 2 St James' Avenue, Farnham, GU9 9QF.

Family Fun Day at Challengers Farnham for families with children aged up to 13 years to come along and make the most of what the play centre has to offer.

Family Fun Days are free to attend, you can drop in any time from 10am and the centre will close at 4pm - please register your interest in attending by booking a ticket (one per family).

Family Fun Days are a time for families to enjoy our centres together.

Families are responsible for their children at all times.

The centres have limited capacity, during busy times we may have to operate a 'one in, one out' system.

There is a strict policy of no hot drinks in the centre or outside space during family fun days. We are also nut free, please do not bring any foods that may contain nuts.

[Farnham Challengers Family Fun Day - Ages up to 13 years Tickets, Sun 29 Oct 2023 at 10:00 | Eventbrite](#)

Cost of living advice and support

We are approaching another winter with the high cost of living still a major concern for many families.

Through November, Surrey County Council will be sending updated information around available support to all Surrey residents.

In the meantime you can visit the links below for handy tips on saving energy, everyday living support and further information on services that can help in these difficult times:

[Helping you to cut the cost of living - Surrey County Council \(surreycc.gov.uk\)](#)

[Everyday living support - Surrey County Council \(surreycc.gov.uk\)](#)

[Welfare support - Surrey County Council \(surreycc.gov.uk\)](#)

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Support for your child in the Early Years

Very young children develop at different rates and go through many developmental stages.

Some children will need help that's different to what is ordinarily provided in an early years setting. This may be because the child has additional needs and/or a disability. As a parent/carer you know your child best.

Parent pages found on The Surrey Local Offer website have been created to help you find out more about the support available locally and across Surrey for children in the early years, as well as the types of early years settings that might be best for your child.

For more information about support available for children in early years please view these by following the link or QR code below:

<https://www.surreylocaloffer.org.uk/parents-and-carers/support-for-children-in-early-years>



“First Steps to Understanding my Child” (ADHD, Autism and Neurodivergent) course.

This course is a FREE three-week online parenting course, parent/carers will develop an understanding of neurodiversity, the terms associated with neurodivergence and key features of different presentations.

Parents will develop their language and skills for recording information and how to present this to professionals and become confident in approaching their child school for the right support.

This course is designed for parents/carers who reside in Surrey with children with special educational needs including autism, ADHD and all neuro-diverse conditions, also for those awaiting assessment or diagnosis.

For further information please visit <https://orlo.uk/8z0PS>

You can't currently enrol online for this course, so please call 0300 200 1044 to express your interest or to make an enquiry for further information.

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Other useful information

- **Child Health Drop-in Clinic**

These are drop in sessions, no need to book

Mondays 12.30pm - 2.30 pm @ Guildford Family Centre, Southway, Guildford GU2 8YD

Tuesdays 10.00am - 12.00 pm @ Guildford Nursery School, Hazel Avenue, Guildford GU1 1NR

- **SENDSory Play at Hazel Avenue**

A sensory play session for children with additional needs from birth - 5 years. Professionals from Early Support, SEES (previously Portage) and physiotherapists regularly attend and are on hand to answer any questions you may have (siblings are welcome).

These are drop in sessions, no need to book - no formal diagnosis needed.

Mondays 10:00 am - 11:30 am @ Guildford Nursery School, Hazel Avenue, Guildford GU1 1NR

- **Wiggles and Giggles at Hazel Avenue**

Sign up for our free parent and baby group for non-mobile babies.

Come and meet other parents and babies and join us for some afternoon of fun.

To reserve your place please call 01483 510570 or drop in on the day.

Thursdays 1:00pm - 2:00pm @ Guildford Nursery School, Hazel Avenue, Guildford GU1 1NR

- **Guildford Family Centre Community Resources Link**

[Resources – Guildford Nursery School and Family Centre \(guildfordnsc.surrey.sch.uk\)](http://guildfordnsc.surrey.sch.uk)

In order to help develop this into an informative and helpful resource for all families, we would be very grateful if you could complete the short questionnaire below to help us understand your awareness of the services available, and identify areas that can improve information sharing:

<https://forms.office.com/e/2YbSdkXDuc>